

RESOURCES FOR FAMILY PLANNING, MATERNAL AND
CHILD HEALTH, AND HIV/AIDS PROGRAMS

August 2000

A publication of the
NGO Networks for Health Project

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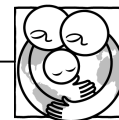
www.ngonetworks.org
info@ngonetworks.org



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About this document

NGO Networks for Health (*Networks*) is pleased to present *Resources for Family Planning, Maternal and Child Health, and HIV/AIDS Programs*. *Resources* describes useful training manuals, reference materials, and documentation of best practices and lessons learned through many years of international, national, and community-based health programs. It is hoped that this document will help NGOs and PVOs (private voluntary organizations) plan and strengthen health programs for women, children, and families in developing countries. The document also includes references that will help community-based organizations, health workers, and policy makers advocate for improved delivery of health information and services.

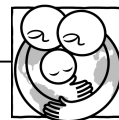
In compiling this information, *Networks* faced difficult choices in determining limitations on the amount of material that could be included in a user-friendly document. Originally, our desire to meet the broad needs of reproductive health programs led us to try to include resources on a wide variety of topics, such as sexual health, gender violence, cervical cancer, post-abortion care, and so on. However, we soon discovered that covering each topic adequately would result in a long and weighty publication. We therefore decided to keep *Resources* limited to a more refined range of topics.

The items included here have been documented in books, reports, interviews with program managers, or on the Internet. Efforts were made to include the most up to date information available, although several “classic” resources that are still widely used and respected have also been included. We have included “best practice” documents using the UNAIDS definition of “principles, policies, strategies, and activities that, according to collective experience from around the world, are recognized to be technically, ethically, and strategically sound.” However, we have also included practices that may not have been operationally researched, but that appear to be very promising.

It is important to keep in mind that *Resources* is a preliminary list of recommended publications; it is by no means intended to be a definitive list. We have included the Web site address of organizations whose materials are included here in the hope that where possible, readers will visit those sites to identify other publications that may be of interest to them. In addition, given the ever-growing number of programs and research studies related to curbing and coping with the HIV/AIDS epidemic, we were unable to an exhaustive list of resources on that topic. Readers are cautioned to use this list of HIV/AIDS resources as merely illustrative and are encouraged to visit the UNAIDS Web site (www.unaids.org) for a list of other UNAIDS publications and links to other organizations dealing with the epidemic.

Networks welcomes feedback on this publication and suggestions for additions; these can be sent to the communications advisor at the contact information provided on the inside cover page. We trust you will find *Resources for Family Planning, Maternal and Child Health, and HIV/AIDS Programs* full of valuable information that will assist you in your important work.





Acknowledgements

Networks acknowledges the hard work of many people for their contribution to *Resources for Family Planning, Maternal and Child Health, and HIV/AIDS Programs*. We thank consultant Mary Kroeger for her initial work in identifying materials to include in this resource. Special thanks to *Networks* reproductive health program associate Susan Otchere for her exemplary efforts in identifying and describing additional items included here. Susan also meticulously and patiently performed the unenviable task of verifying contact information and the availability of materials. Hearty thanks go to consultant Christine Stevens, whose many wise suggestions and critical review of an early draft of the document constantly forced us to keep in mind our ultimate goal of serving the needs of programs and practitioners in the field. Her skill as a writer and editor greatly improved the document's organizational structure and tightened the descriptions of many of the included items. She also identified and described several important items now included. We also thank Karen Lombardi for editing an earlier draft of the work. While we greatly appreciate the efforts of all of these people, *Networks* bears full responsibility for the content and any errors contained here.

We thank the many individuals, too numerous to mention by name, who recommended publications to us for inclusion or who verified information regarding their organization's publications.

Finally, we are indebted to the many health professionals who over the years have produced training materials or documented best practices and lessons learned with the hope of improving the health and well-being of women, children, and families worldwide. In producing this document, we hope to bolster your efforts.





Family Planning and Women's Health

Women's Health/General

Burns, A. et al. *Where Women Have No Doctor*. The Hesperian Foundation, Berkeley, CA, 1997.

This health guide is applicable for community-based women in rural areas or poor areas where there is no doctor or easy access to health care. Clear and easy to read with ample illustrations and insets, the book follows in the user-friendly tradition of *Where There is No Doctor*, also published by The Hesperian Foundation. Sections include: understanding our bodies, girlhood, puberty, sexuality and sexual health issues, family planning, infertility, pregnancy, birth, breastfeeding, aging, women with disabilities, nutrition, abortion, basic gynecology, STDs, HIV/AIDS, violence against women, rape, self-defense, health problems of commercial sex workers, cancer, tuberculosis, occupational health, sexual harassment, mental health, drugs and alcohol abuse, and female genital mutilation (FGM). The Green Pages section provides drug descriptions, uses, dosages, common side effects, and contraindications.

Format	Bound Text
Language	English and Arabic
Target Audience	Community-based women
Cost	\$20 (subsidized pricing available for developing country orders)

Available from:

English version:

Book Orders:
The Hesperian Foundation
1919 Addison Street, Suite 304
Berkeley, CA 94704 USA.

Email: bookorders@hesperian.org,
Tel: + 510 845 4507 Fax + 510 845 0539.

Arabic version:

Arab Resource Collective
PO BOX 7380
Nicosia, CYPRUS

Family Planning Methods

Hatcher, R. A., W. Rinehart, R. Blackburn, J.S. Geller, J.D. Shelton. *The Essentials of Contraceptive Technology. A Handbook for Clinical Staff*. Baltimore: Population Information Program, Center for Communication Programs, John Hopkins University, 1998.

This is an informative reference guide for service providers and trainers. It discusses practical issues about family planning methods, how to provide them, and how to help clients choose and use an appropriate method. It includes answers to clients' frequently asked questions and suggestions for preparing educational materials for the public and clients.



Format	Bound text
Language	English, French, Spanish
Target Audience	Health service providers and trainers
Cost	FREE to developing countries (\$5 in other countries)

Available from:

Orders Team
111 Market Place Suite 310
Baltimore MD 21202 USA

Tel: + 410 659 6315 Fax: + 410 659 6266
Email: orders@jhucp.org
Website: <http://www.jhucp.org>

NorthWest Emergency Contraception Coalition. *Emergency Contraception. Client Materials for Diverse Audiences.* PATH, 1997.

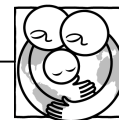
Most women who are concerned about pregnancy after unprotected intercourse are not aware that there are safe and effective methods approved to prevent pregnancy after sex known as “emergency contraception”. Emergency contraception (EC) is sometimes known as the “morning after” treatment or “post-coital” contraception. The term EC is preferred because the methods are for emergency use for up to several days after unprotected sex. EC comes in three methods: a combined form of contraceptive pills, progestin-only pills and IUD insertion. The purpose of this booklet is to help medical providers improve awareness and access to EC services. The booklet contains instruction for use and a one-page double-sided brochure in English and nine other languages. It has been designed for easy reproduction, photocopying or printing. It also has consent forms in English and Spanish, a telephone screening protocol and a blank prescription that can be copied or adapted as needed.

Format	Bound soft cover
Language	English
Target Audience	Health workers, women
Cost	FREE (limited number of copies)

Available from:

Attn: Marian Weldon or Kimberly Evans
PATH
4 Nickerson Street
Seattle, WA 98109-1699
USA

Tel: 206 285 3500 Fax 206 285-6619
Email: kevans@path.org, <http://www.opr.princeton.edu/ec>
Website: <http://www.path.org>



Farrell, B. *Lactational Amenorrhea Method: Self Study Module*. American College of Nurse Midwives, Washington, DC, 1996.

This companion to the *LAM: Trainers' Module* allows the practitioner to follow a self-study process, by the end of which she/he should be able to integrate LAM into her/his maternal and child health/family planning (MCH/FP) services. Included are pre- and post-tests and step-by-step knowledge and skills exercises.

Format	32 Pages
Language	English
Target Audience	Midwives, nurses, family planning providers
Cost	\$20

Available from:

ACNM Publications
P.O. Box 5036
Washington DC 20061-5036
USA

Tel: 202-728-9860
Fax: 202-728-9897
Email: info@acnm.org
Website: <http://www.acnm.org>

Farrell, B. *Lactational Amenorrhea Method: Trainers' Module*. American College of Nurse Midwives, Washington, DC, 1995.

This is a resource for trainers in the lactational amenorrhea method (LAM). Knowledge of other contraceptive methods is assumed. The module covers all knowledge and skill components of this contraceptive method. Learning plans, skills checklists, and case studies are included. It is suitable for use as part of a broader family planning methods course or as a stand-alone module.

Format	***
Language	English
Target Audience	Trainers, Midwives, nurses, family planning providers
Cost	\$30

Available From:

ACNM Publications
P.O. Box 5036
Washington DC 20061-5036
USA

Tel: 202-728-9860
Fax: 202-728-9897
Email: info@acnm.org
Website: <http://www.acnm.org>



INTRAH. *Guidelines for Clinical Procedures in Family Planning: Reference for Trainers (2nd edition)*. INTRAH, Chapel Hill, NC, 1993.

The guidelines in this training manual summarize basic, step-by-step clinical procedures for providing family planning services. It includes all modern methods, fertility awareness methods, the lactational amenorrhea method, voluntary surgical contraception (counseling only), sub-fertility/infertility services, and infection prevention guidelines. In 1996, the chapter on progestin-only injectables and the appendix on infection prevention were revised to reflect the latest WHO and other international guidelines.

Format	***
Language	English, French
Target Audience	Family planning providers, health workers
Cost	\$30

Available from:

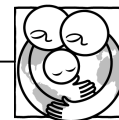
INTRAH Publications Program
University of North Carolina
School of Medicine
1700 Airport Road CB #8100
Chapel Hill NC 27599-8100 USA

Tel: +1 (919) 966-5636 Fax: +1 (919) 966-6816
Email: intrah@intrah.org
Website: <http://www.intrah.org>

Mtwawali, G. et al. *The Menstrual Cycle and its Relation to Contraceptive Methods: A Reference for Reproductive Health Trainers*. INTRAH/PRIME, Chapel Hill, NC, 1997.

This manual, ideal for reproductive health trainers, covers all aspects of menstruation, including changes that take place during the menstrual cycle and ways that contraceptive methods interrelate with cyclic changes. It contains 21 sample client cases, which demonstrate how knowledge about menstrual changes can be applied to manage family planning clients' concerns. Other sections address menstruation in relationship to fertility awareness, the lactational amenorrhea method, and modern family planning methods. Study questions and answers are included for training and individual practice.

Format	***
Language	English, French, Spanish
Target Audience	Reproductive health trainers
Cost	\$8



Available from:

INTRAH Publications Program
University of North Carolina
School of Medicine
1700 Airport Road CB #8100
Chapel Hill NC 27599-8100 USA

Tel: (919) 966-5636 Fax: (919) 966-6816
Email: intrah@intrah.org
Website: <http://www.intrah.org>

Family Planning Counseling

Murphy, E. *Client-Provider Interactions (CPI) in Family Planning Services: Guidance from Research and Program Experience*. PATH, Washington, DC, 1997.

This concise article provides the current best approaches to successful family planning counseling. The client-provider interaction (CPI) approach focuses on treating clients with respect and friendliness, and assures confidentiality. To prevent information overload, dynamic interaction and key messages are emphasized. Use of visual aids is encouraged. The article suggests that the use of couple years of protection (CYP) as the bottom line in evaluating program effectiveness needs to be rethought in light of the importance of good CPI to program effectiveness. The article was done in collaboration with the PRIME Project/INTRAH.

Format	***
Language	English
Target Audience	Family planning counselors, practitioners, health workers
Cost	FREE

Available from:

PATH
1990 M Street NW Suite 700
Washington DC 20036-3403
USA

Tel: +1 (202) 822-0033 Fax: +1 (202) 457-1466
Email: info@path-dc.org
Web site: <http://www.path.org>



PATH. *Training for Improved Client/Provider Interactions: A PRIME Series of Modules for Local Adaptation and Use.* PATH, Washington DC, 1999.

This training curriculum includes current best practices in interpersonal communication and counseling (IPC/C) techniques, such as verbal and non-verbal behavior, perceptions and values clarification, effective use of audio-visual aids, and addressing rumors and misinformation. It also includes the latest guidance on client-provider interaction (CPI) stressing dynamic interaction with individual clients. Basic theories of communication are integrated with practical applications and exercises. Training targets both facility- and community-based service providers for family planning, sexually transmitted diseases (STDs), and HIV/AIDS clients

Format	***
Language	English (Spanish and French version in progress)
Target Audience	Facility and community-based service providers
Cost	FREE - single copies (a charge maybe applied for multiple copies)

Available from:

PATH
1990 M Street NW Suite 700
Washington DC 20036-3403
USA

Tel: +1 (202) 822-0033 Fax: +1 (202) 457 1466

Email: info@path-dc.org

Web site: <http://www.path.org>

Family Planning Services and Training

Aghabekian, V. , S. N. Khatib. *Family Planning: A Manual for Training of Family Planning in the Context of Reproductive Health.* Centre for Development in PHC in Collaboration with College of Health Professions/Al Quds University, Jerusalem, 1998.

This manual is aimed at trainers from different backgrounds in health, policy makers and program planners. Derived from a multidisciplinary advisory team actively involved in training in family planning, it aims to standardize family planning training to include principles of adult education, population, reproductive health, and health and demographic indicators. Other relevant topics are discussed including clinical components. The authors note that while the manual may suit generic training in family planning, the user/trainer needs to be sensitive to local and cultural issues.

Format	Bound text
Language	English
Target Audience	Trainers, health and program planners
Cost	\$45



Available from:

CDPHC – AL – Quds University
PO Box 4006
El-Bireh-West Bank
Palestinian Authority

Centers for Disease Control . *Family Planning Logistics Guidelines*. CDC/JSI Family Planning Logistics Management, 1993.

This book is aimed at health workers, particularly those with direct responsibilities regarding contraceptive supply mechanisms. Considering contraceptive availability as a quality of care issue, the book describes ten activities related to ordering contraceptive supplies and shows how a family planning program can select, forecast and procure supplies, receive items, and create and manage an inventory of the supplies. The book explains clearly how orders are calculated so that a health facility always has enough stock and how systems can be monitored and evaluated for improvement. Managers of health facilities and community-based distributors of contraceptives will find this a useful reference.

Format	Bound text, soft cover
Language	English
Target Audience	Program managers, family planning managers/providers
Cost	FREE

Available from:

US Department Of Health & Human Services
Public Health Service, Centers for Disease and Prevention
National Center for Chronic Disease Prevention and Health Promotion
Atlanta, Georgia, 30333

Tel: + 404 639 3311 (it is best to call)

Family Planning and NGO/PVO/Community Programs

WHO. *Community-based distribution (CBD) of contraceptives: A guide for program managers*. Geneva: Macmillan/Clays, 1995.

The guidelines in this book are based on experiences gained in successful CBD programs around the world. The book explains how to develop a CBD program that is appropriate to the needs of the community and how to ensure support from the public and the medical community. Other topics discussed include training CBD personnel, service delivery, and monitoring and evaluation. The annexes provide sample materials that can be adapted to local needs. This book is intended for program managers, administrators and service providers responsible for planning, implementing and evaluating CBD programs. This practical book is highly recommended.

Format	Bound text
Language	English , French, Spanish, Chinese
Target Audience	Community-based distributors
Cost	Sw fr 22.40 (developing countries) Sw fr 32 (other countries)



Available from:

World Health Organization Distribution and Sales
CH – 1211 Geneva Switzerland

Tel: +41 22 791 24 76

Fax: + 41 22 791 48 57

E-mail: bookorders@who.ch, publications@who.ch

Lyons, J. et al. *Integrating Reproductive Health into NGO Programs Vol. I: Family Planning*, SEATS/JSI, Inc., Arlington, VA, 1997.

This handbook was designed for well-established NGOs that: 1) are interested in exploring opportunities to integrate FP services into their existing activities, 2) have no previous experience in implementing FP programs, 3) currently promote economic and social development in their communities, and 4) already have skills and experience in the management of effective community development and/or health programs. The handbook is divided into six “Action Steps”: Step 1—Deciding whether to integrate FP into overall programs, Step 2—Selecting a program strategy, Step 3—Measuring program results, Step 4—Identifying staffing requirements, Step 5—developing a contraceptive supply system, and Step 6—Managing the finances for an integrated program. Multiple annexes include information on preparing a project proposal, conversion factors for calculating couple years of protection, routine records and forms for FP programs, and formulae for projecting contraceptive needs, among others.

Format	Spiral ring document
Language	English, French
Target Audience	NGOs
Cost	FREE

Available from:

Family Planning Service Expansion and Technical Support (SEATS II) Project
John Snow Inc.
1616 North Fort Myer Drive
Arlington, VA 22209 USA

Tel: + 703 528 7474

Fax: 703 528 7480

Website: <http://www.seats.jsi.com>

Newton, N. *Applying Best Practices to Youth Reproductive Health: Lessons Learned from SEATS' Experience*. SEATS/JSI, Arlington, VA, 2000.

This excellent report presents a review of SEATS experience in programming for youth. Reviewing projects in Albania, Burkina Faso, Cambodia, Eritrea, Russia, Senegal, Zambia, and Zimbabwe, the report highlights innovations, new techniques, and approaches designed to improve access to and quality of reproductive health information and services for youth. Among the best practices reported is the “Youth Friendly Services” model, described in detail based on field research and implementation experiences. Each country has different lessons and experiences, but overall the lessons learned point to ensuring respect, privacy, adequate time, peer counseling, and youth involvement in the design of all programs.



Format	Spiral ring document
Language	English
Target Audience	Program planners, policy makers, health workers
Cost	FREE

Available from:

Family Planning Service Expansion and Technical Support (SEATS II)
John Snow Inc.
1616 North Fort Myer Drive
Arlington, VA 22209 USA

Tel: 703 528 7474 Fax: 703 528 7480
Website: <http://www.seats.jsi.com>





Maternal & Child Health

Maternal & Infant Health/General

Beck, D. et al. *Healthy Mother Healthy Newborn Care: A Reference for Caregivers.* MotherCare/JSI/ACNM, Washington, DC, 1996.

This training package for midwives emphasizes the appropriate management of normal labor and delivery as well as antenatal and postpartum care. It provides recommendations for optimal postpartum care at one day, three days, two weeks, and six weeks postpartum. The approach is competency-based, aiming to ensure that those trained are able to competently perform the clinical skills. It emphasizes hands-on clinical practice, not classroom lectures and discussion. Field-tested in Indonesia, Cambodia, and Vietnam, the package includes a Reference for Caregivers, which covers working with the community and provision of basic midwifery care, and a Guide for Caregivers, which includes suggested protocols and clinical skills checklists.

Format	***
Language	English
Target Audience	Midwives
Cost	FREE – single copies, multiple copies may require a charge

Available from:

MotherCare/ John Snow, Inc.
1616 North Fort Myer Drive, 11th Floor
Arlington, VA 22209
USA

Email: mothercare_project@jsi.com

Internet site: <http://www.jsi.com/intl/mothercare/home.htm>

Starrs, A. *The Safe Motherhood Action Agenda: Priorities for the Next Decade.* Family Care International, New York, 1997.

This document summarizes the technical papers presented and discussed during the Safe Motherhood Technical Consultation in Colombo, Sri Lanka in October of 1997. The papers emphasize human rights, women's empowerment, and the role of economic and social status as a determinant of maternal and child health. Some of the papers have subsequently shaped program work. For example, programs have moved away from risk assessment in antenatal care as a strategy for safe motherhood, towards ensuring that all women access to and quality emergency obstetrical care when needed. They have also moved away from using demographic indicators and classic data collection to record maternal deaths, towards the development and use of "process" indicators, maternal death audits, and case reviews. A final paper outlines the power of partnerships and the mandate that government, NGOs, religious groups, men's groups, and donors must together address safe motherhood. This document was produced in collaboration with the Inter-Agency Group for Safe Motherhood.



Format	***
Language	English
Target Audience	Policy makers, PVOs NGOs
Cost	FREE

Available from:

Family Care International
588 Broadway, Suite 503
New York, NY 10012

Tel: +1 212 941-5300 Fax: +1 212 941-5563

Email: fcipubs@familycareintl.org

Website: <http://www.familycareintl.org>

UNICEF. *Programming for Safe Motherhood: Guidelines for Maternal and Neonatal Survival*, UNICEF, New York, 1999.

This program guide, intended for UNICEF field offices, presents current international trends, strategies, and best practices found to be effective in maternal and neonatal health. It is based on evidence obtained from adequately conducted large-scale clinical trials of treatments or procedures, though it notes that conducting rigorous impact evaluations can be difficult and expensive. The guide includes chapters on causes of maternal death and illness, lessons learned, goals and objectives, operational strategies, and interventions for safe motherhood. The final chapter gives extensive information on antenatal, delivery, postnatal, neonatal, and emergency obstetric care (EOC) interventions.

Format	***
Language	English
Target Audience	UNICEF field offices, Policy makers
Cost	FREE plus shipping and handling

Available from:

United States Committee for UNICEF
333 East 38th Street- GC-6
New York, NY 10016

Tel: +1 212 686-5522 Fax: +1 212 867-5991

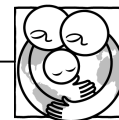
Email: information@unicefusa.org

Internet site: <http://www.unicef.org>

* Developing countries can order publications from their field offices.

WHO. *Home-based maternal records: guidelines for development, adaptation and evaluation*. WHO, Geneva, 1994. ISBN 92 4 154464 3

This is a comprehensive guide to all aspects of the development, adaptation, and use of home-based maternity records as an exciting tool to reduce maternal and perinatal mortality. Home-based records kept by the mothers themselves are simple cards designed to facilitate easy recording and interpretation of comprehensive information on the woman's health status. Designed to be used before, during, after



pregnancy, and in subsequent pregnancies, the card is intended as a tool to detect risk factors early and to promote timely referrals when needed. The cards are also designed to record postpartum and inter-pregnancy periods and to include information on breastfeeding, family planning, and tetanus toxoid status. A WHO prototype is presented as an example, but emphasis is placed on the development of cards that can focus on local problems and specific cultural norms and that accommodate non-literate mothers. The guide is also available in French and Spanish.

Format	85 pages
Language	English, French, Spanish, Chinese
Target Audience	Policy makers, program managers
Cost	Sw fr.14- developing country orders, others Sw. fr. 20- / US\$ 18.00 (#1150408)

Available from:

Outside the U.S.

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E-mail: bookorders@who.ch
Questions: publications@who.ch

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49 Sheridan Avenue
Albany, NY 12210
USA

Tel: +1 (518) 436-9686
Fax: +1 (518) 436-7433
QCORP@compuserve.com

WHO. "Neonatal Tetanus," in *Maternal and Perinatal Infections: A Practical Guide*. WHO, Geneva, 1991. WHO/MCH/91.10

Chapter 5 in this WHO publication provides an overview of strategies to prevent and control neonatal tetanus. It also explains the recommended prenatal tetanus toxoid regime. Data on the prevalence of neonatal tetanus and cost effectiveness are provided, but the data used are from 1989.

Format	122 pages
Language	English
Target Audience	Policy makers, program managers
Cost	Sw fr.10.50 developing country orders, others Sw. fr. 15- / US\$ 13.50

Available from:

Outside the U.S.

World Health Organization
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CH-1211 Geneva 27
Switzerland

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USA

Tel: +1 (518) 436-9686
Fax: +1 (518) 436-7433
QCORP@compuserve.com



**WHO. *Mother-Baby Package: Implementing Safe Motherhood in Countries.* WHO, Geneva, 1996.
WHO/FHE/MSM/94.11**

This document describes the key causes of maternal and infant mortality and outlines in detail the “core cluster” of interventions needed to achieve safe motherhood in the short term. It presents a synthesis of activities at different levels of national health care systems and defines a basic set of health system interventions and activities that are minimal to ensuring safe motherhood. Focusing on a fourfold approach of family planning, antenatal care, clean and safe delivery, and access to essential obstetrical care for high risk pregnancies and complications, the document outlines specific interventions at the appropriate level—community, health center, and district hospital. The final section gives details on how to operationalize the Mother-Baby Package (MBP) at the national level. Helpful annexes include the “Essential Drugs List for the MBP” and the “Equipment List for MBP.” This document provides core information to help developing countries draft or strengthen their national safe motherhood policy.

Format	89 pages
Language	English, French
Target Audience	Policy makers, program managers
Cost	Sw fr.10.50 developing country orders, others Sw.fr. 15 / US\$ 13.50 (#1930070)

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Outside the U.S.

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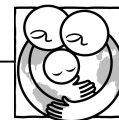
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Fax: +1 (518) 436-7433
QCORP@compuserve.com

**WHO. *Care of the mother and baby at the health centre: a practical guide.* WHO, Geneva, 1994.
WHO/FHE/MSM/94.2**

This report defines the functions, tasks, and skills needed for the comprehensive care of mother and baby, prenatally and through postpartum, provided at the health facility and/or in the community. It examines the role of the health center in training, supervision, and continuing logistic support for community-based care, whether it is provided through traditional birth attendants or community health workers. It also looks at the role of the health center as the first level of care in the referral system.

Format	54 pages
Language	English, French
Target Audience	Policy makers, program managers
Cost	Sw fr.7- developing country orders, others Sw. fr. 10- / US\$ 9.00 (#1930063)



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Fax: +1 (518) 436-7433
QCORP@compuserve.com

WHO. *Safe Motherhood Needs Assessment*. WHO, Geneva, 1998. WHO/RHT/MSM/96.18

A complete “toolbox” of guidelines, training manuals, model survey forms, step-by-step instructions, checklists, and pre-programmed computerized routines developed by WHO to assist countries in their efforts to promote safe motherhood. Carefully designed and thoroughly tested, these instruments form an approach to needs assessment that uses a rapid survey to collect data on the availability, use, and quality of antenatal, delivery, and postpartum care. Apart from determining how well these services are functioning, the survey is also designed to identify barriers and gaps in care and thus assist in the national planning process.

Format	213 pages + 1 diskette
Language	English
Target Audience	Policy makers, program managers
Cost	Sw fr.31.50 developing country orders, others Sw. fr. 45 / US\$40.50 (#1930146)

Available from:

Outside the U.S.

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CH-1211 Geneva 27
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E-mail: bookorders@who.ch
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Delivery and Obstetric Care, Midwives and Traditional Birth Attendants

Childbirth Graphics. *Childbirth Graphics Catalog*. WRS Group, Inc., Waco, TX, 1999.

Published annually, this training resource catalog features a broad selection of teaching models, charts, pamphlets, books, videos, and much more, addressing the full scope of pregnancy, childbirth, newborn care, sexuality, parenting, breast care, and immunizations. While created for use in the United States, many of these high-quality models and charts are used effectively in training in the developing world.

Format	Soft cover booklet
Language	English
Target Audience	Trainers working in developed countries
Cost	FREE

Available from:

WRS Group, Inc.
Childbirth Graphics
P.O. Box 21207
Waco, TX 76702-1207

Tel: Toll-free in the U.S. +1 (800) 299-3366
Fax: +1 (888) 977-7653

Outside the U.S.: +1 (254) 776-6461
Fax: +1 (254) 751-0221
Email: sales@wrsgroup.com
Internet: <http://www.wrsgroup.com>

Gordon, G. *Training Manual for Traditional Birth Attendants*. London and Basingstoke: Macmillan Education, Ltd., 1990.

This manual is a storehouse of useful information for trainers and traditional birth attendants (TBAs). It distills the experience gained from nearly twenty years of training TBAs. All topics contain discussion points, role-plays, skills practice, a summary, and review questions. An additional, updated section on HIV/AIDS provides clear and concise information. The manual was extensively tested in Ghana, where training teams and TBAs made major contributions to its production.

Format	Bound text, soft cover
Language	English
Target Audience	Health care trainers, community workers
Cost	£6.95



Available from:

Teaching Aids at Low Cost (TALC)
P.O. Box 49, St. Albans
Hertfordshire AL1 5TX
United Kingdom

Tel: +44 1727 853869 Fax: +44 1727 846852
Email: talcuk@btinternet.com Web page: <http://www.talcuk.org>

Klein, S. *A Book for Midwives: A Manual for Traditional Birth Attendants and Community Midwives*. The Hesperian Foundation, Palo Alto, CA, 1995.

This book covers community-based care related to reproductive health and complications of childbirth. Written in simple, clear language, without medical terminology, and provides many illustrations to clarify the text. The book seeks to foster respect for women, families, and community care providers and to improve personal decision-making and community empowerment. It contains five chapters on prenatal care, including history taking, nutrition and physical well-being; management of common complaints; and what to include in prenatal checkups. Valuable appendices include instructions to make simple midwifery equipment and training materials. A color-coded section explains drugs used in midwifery care. Currently under revision, this text will be updated and expanded to include insertion of intrauterine devices and post abortion care in appropriate settings. The revised edition will be available early in the year 2000.

Format	Bound text, soft cover
Language	English
Target Audience	Community midwives, community workers
Cost	\$22

Available from:

Book Orders
The Hesperian Foundation
1919 Addison Street, Suite 304
Berkeley, CA 94704 USA

Tel: +1 (510) 845-1447 Fax: +1 (510) 845-0539
Email: hesperian@igc.org
Internet site: <http://www.hesperian.org/hespordr.htm>

Marshall, A.M. et al. *Life Saving Skills Manual for Midwives (3rd edition)*. American College of Nurse Midwives, Washington, DC, 1998.

This package was developed to meet midwives' needs for updated training and continued education. Skills covered are those needed to save the lives of women during obstetrical emergencies, including risk assessment, problem solving, and clinical management. Its approach is competency-based and aims to ensure that those trained are able to competently perform the clinical skills. It emphasizes hands-on clinical practice. The package includes thorough planning, training site assessment and preparation, and participant selection. Recently revised, this third edition reflects field experience in Ghana, Nigeria,



Uganda, Indonesia, and Vietnam. Training modules include prevention and management of hemorrhage and sepsis, episiotomy and laceration repair, resuscitation, vacuum extraction, manual removal of placenta, and postabortion care.

Format	Includes 10 modules + pocket sized clinical guide
Language	English, Spanish, French
Target Audience	Midwives, trainers of midwives, community midwives
Cost	\$55

Available from:

ACNM Publications
P.O. Box 5036
Washington, DC 20061-5036

Tel: +1 202 728-9879 Fax order: +1 202 728-9897

Websites: <http://www.acnm.org> and <http://www.midwife.org/prod/>

Marshall, A.M. et al. “Infant Resuscitation.” In *Life Saving Skills Manual for Midwives (3rd edition)*. American College of Nurse Midwives, Washington, DC, 1998.

This training package was developed by the American College of Nurse Midwives to meet the needs of midwives working in a home or simple health center setting where even simple resuscitation equipment is not available. Using a competency-based training approach, Module Six, “Infant resuscitation,” gives step-by-step instructions for newborns requiring resuscitation including full cardio-pulmonary resuscitation with cardiac massage.

Format	One of 10 modules + pocket sized clinical guide
Language	English
Target Audience	Midwives, trainers of midwives, community midwives
Cost	Not sold separately, sold with set

Available from:

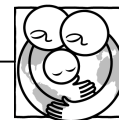
ACNM Publications
P.O. Box 5036
Washington, DC 20061-5036

Tel: +1 202 728-9879

Fax order: +1 202 728-9897

Marshall, A.M. et al. *Life Saving Skills Manual for Policy Makers and Trainers (1st edition)*, American College of Nurse Midwives, Washington, DC, 1997.

This clear, user-friendly manual is intended to assist planning and implementing a comprehensive life saving skills training for midwives. It includes the initial identification of need in a country or district through every aspect of training including training of trainers, training follow-up support, supervision, and monitoring. This manual is useful in teaching trainers and students as well as assisting policy makers.



Format	Bound text
Language	English
Target Audience	Student midwives, midwives, trainers, policy makers
Cost	\$30

Available from:

ACNM Publications
P.O. Box 5036
Washington, DC 20061-5036

Tel: +1 202 728-9879

Fax order: +1 202 728-9897

Internet sites: <http://www.acnm.org> and <http://www.midwife.org/prod/>

PATH/Kenya. A Brief Overview of the Purpose, Development, and Evaluation of Clean Delivery Kits: Delivery Kit Workshop Manual. PATH, Nairobi, Kenya, 1999.

This manual gives background information and a brief overview of key issues related to the design and development of clean delivery kits (CDK). It describes issues related to local design, production, sale, and sustainability of CDKs. Evaluation efforts to date are described. Most of the examples reflect PATH's experience using its CDKs in Bangladesh and Nepal. A report on the proceedings of this workshop (Nairobi, March 1999) is still in production. It will include experiences with CDKs in Africa.

Format	Spiral ring text,
Language	English
Target Audience	Policy makers, program planners, midwives, TBAs
Cost	FREE

Available from:

PATH Kenya
P.O. Box 76634
Nairobi, Kenya
East Africa

Tel: + 254 2 577177

Fax: + 254 2 577172

Email: info@path-kenya.or.ke

PATH Seattle
4 Nickerson Street
Seattle, Washington, 98109
WA, USA

Tel: +1 206 285 3500

Fax: +1 206 285 6619

Email: info@path.org

Website: <http://www.path.org>

WHO. Care in Normal Birth: A Practical Guide. WHO, Geneva, 1996. WHO/FRH/MSM96.24

This report addresses issues of care in normal birth, regardless of setting, level of care, or geographic location. Recommended interventions are presented based on the soundest available evidence. The report classifies birth care practices into four categories: practices that are demonstrably useful and should be encouraged, practices that are clearly harmful or ineffective and should be eliminated, practices for which there is insufficient evidence to support a clear recommendation and for which more research is



needed, and practices that are frequently used inappropriately. Specific guidelines are given for step-by-step management of first, second, and third stages of labor.

Format 54 pages
Language English
Target Audience Health practitioners, midwives, health and training institutions
Cost Sw fr 7.00 in developing countries, all others Sw fr 10 / US\$9.00

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Fax: +1 (518) 436-7433
Email: QCORP@compuserve.com

WHO. *Traditional Birth Attendants: A Joint WHO/UNICEF/UNFPA Statement.* WHO, Geneva, 1992. ISBN 92 4 156150 5

This booklet reexamines the role of traditional birth attendants (TBAs) in efforts to reduce maternal mortality. Addressing policy makers and planners, it aims to encourage realistic decisions about what TBAs can and can not do. An explanation of the goals and objectives of TBA programs is followed by an outline of 12 steps that can be initiated to implement a program with the greatest chance of achieving success. Concluding sections warn of the limitations of TBA programs including their inability, when used as a single approach, to improve maternal and child health care.

Format 18 pages
Language English, French, Spanish
Target Audience Policy makers and planners
Cost Sw fr 6.30 in developing countries, all others Sw fr 9.00 / US\$8.10

Available from:

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Fax: +1 (518) 436-7433
Email: QCORP@compuserve.com



**WHO. *Basic Newborn Resuscitation: A Practical Guide*. WHO, Geneva, 1998.
WHO/RHT/MSM/98.1**

This guide explains a simple method of newborn resuscitation. It begins with discussion of problems surrounding birth asphyxia in developing countries and then provides a step-by-step, illustrated guide to the method. A heat source, mucus extractor, self-inflating bag, two masks, and a clock are the required equipment. The remaining sections discuss ethical considerations of when and when not to resuscitate, and when to cease resuscitation efforts. Suggestions are made for national and local level activities that can help improve the management of infants requiring resuscitation.

Format	32 pages
Language	English
Target Audience	Policy makers, health managers at district level
Cost	Sw fr 7.00 in developing countries, all others Sw fr 10 / US\$9.00

Available from:

Outside the U.S.

World Health Organization
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Fax: +1 (518) 436-7433
Email: QCORP@compuserve.com

**WHO. *Thermal Protection of the Newborn: A Practical Guide*. WHO, Geneva, 1997.
WHO/RHT/MSM/97.20**

An illustrated guide to a series of simple measures, taken at birth and during the first days of life, to help ensure that the newborn does not become too cold or too hot. Now in its second edition, this guide has been revised to reflect the effectiveness of skin-to-skin contact in thermal protection. Also newly included is the “warm chain,” a set of ten inter-linked procedures, carried out at birth and during the following hours and days, which have been shown to minimize the likelihood of hypothermia in all newborns.

Format	64 pages
Language	English
Target Audience	Trainers, midwives, nurses
Cost	Sw fr 7.00 in developing countries, all others Sw fr 10 / US\$9.00



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Email: QCORP@compuserve.com

Research and Programs

Howard-Grabman, L. et al. *The Warmi Project: A Participatory Approach to Improve Maternal and Neonatal Health An Implementor's Manual*, Save the Children/ MotherCare/JSI, Washington, DC, 1993.

The Warmi Project, implemented in rural Bolivia during 1990-1993, is recognized as a local success story in community-based assessment and implementation of a program to improve maternal and infant health. This manual documents Save the Children/Bolivia's experiences in order to help other PVOs and NGOs with their health programs. Designed for program implementers, it provides a step-by-step guide to each phase of the project along with the field experiences, both positive and negative. Working with local women's groups, the project employed the qualitative research methodology of "autodiagnosis," in which women identified and prioritized community problems that contributed to infant and maternal death and illness. This process empowered women through self-reflection, greater communication, and learning a process as a group. Achievements included a decrease in infant mortality and an increase in tetanus toxoid coverage, antenatal clinic attendance, and number of deliveries attended by trained providers.

Format

Language

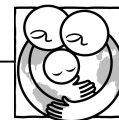
English, Spanish

Target Audience

NGOs

Cost

FREE – single copies, multiple copies may require a charge



Available from:

MotherCare/ John Snow, Inc.
1616 North Fort Myer Drive, 11th Floor
Arlington, VA 22209
USA

Email: mothercare_project@jsi.com
Internet site: <http://www.jsi.com/intl/mothercare/home.htm>

Save the Children
1620 I St. Suite 202
Washington, DC 20006

Tel: + 202 293 4170
Fax: + 202 293 4167
Email: info@savechildren.org
Website: <http://savechildren.org>

MotherCare. Africa Initiatives: Addressing Obstetric and Neonatal Complications in Africa from Community and Facility Perspectives. MotherCare/JSI, Arlington, VA, 1998.

Under the assumption that no single intervention can eliminate maternal mortality, MotherCare teams in Ghana, Malawi, and Uganda conducted community and facility assessments in 1997 and 1998. These countries showed strong political will, reflected in national policies and activities that included the community and the health care system. In each country case study, assessors found interventions from community- to district- level that appear to make a difference in increasing the quality of and access to services.

Format	***
Language	English
Target Audience	Policy makers, health planners
Cost	FREE – single copies, multiple copies may require a charge

Available from:

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Email: mothercare_project@jsi.com
Internet site: <http://www.jsi.com/intl/mothercare/home.htm>



MotherCare/Ministry of Health of Indonesia. *Promoting Behavior Change Among Providers and Communities to Support Safe Motherhood: An Integrated Approach to IEC.* MotherCare/JSI, Arlington, VA, 1999.

This is a guide for program planners based on success achieved in promoting safe motherhood and reducing anemia in the province of South Kalimantan, Indonesia. Factors contributing to success included: 1) promoting collaboration among partners and stakeholders in the government and community; 2) conducting “community diagnosis” qualitative research to develop IEC materials; 3) training providers to use the IEC materials, with a focus on counseling and sensitivity skills; 4) monitoring and evaluation; and 5) involving influential community leaders in support of the IEC campaign. Color photos of the various IEC materials are included.

Format	***
Language	English
Target Audience	Policy makers, program planners
Cost	FREE – single copies, multiple copies may require a charge

Available from:

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Email: mothercare_project@jsi.com

Internet site: <http://www.jsi.com/intl/mothercare/home.htm>

Nachbar, N. et al. *Assessing Safe Motherhood in the Community: A Guide to Formative Research.* MotherCare/JSI, Arlington, VA, 1998.

This guide is intended primarily for investigators responsible for designing community research on safe motherhood, and for program managers working with them to ensure that research is oriented toward program needs. It is intended for readers who already have some experience with qualitative research and a basic understanding of health behavior change programs and other community interventions. The guide includes a detailed discussion of the “Pathway to Survival,” which simplifies the complex and interconnected issues that affect maternal and newborn outcomes. It covers problem recognition, the decision to seek care, access to care, and quality of care. These issues serve as a basis to assess, plan, and implement formative research. Specific research methodology is described in detail. An appendix gives extensive references of other books, publications, and Web sites that are resources for conducting and analyzing formative research.

Format	***
Language	English
Target Audience	Policy makers, program managers
Cost	FREE – single copies, multiple copies may require a charge



Available from:

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Email: mothercare_project@jsi.com

Internet site: <http://www.jsi.com/intl/mothercare/home.htm>

Breastfeeding

Publications

Maza I. de, et al. *Sustainability of a Community-Based Mother-to Mother Support Project In the Peri-Urban Areas of Guatemala City: A La Leche League (LLL) Study*. BASICS Project, Arlington, VA, 1997.

This report explores the key factors in the sustainability of this community-based project. Data show that the activities of community-based breastfeeding counselors (BCs) were sustained at nearly the same level after a project grant had ended as they were during the grant period. The report outlines several factors contributing to this success including the high personal motivation of various project participants and the support structure provided by the LLL. The support structure includes participation and decision-making at the community-level, monthly and annual workshops, and refresher training. The report also underlines the importance of strengthening coordination with the local health system.

Format	***
Language	English
Target Audience	Community-based workers, decision makers
Cost	FREE

Available from:

BASICS Information Center
Suite 300
1600 Wilson Boulevard
Arlington, VA 22209
USA

Email: wwwinfo@basics.org

Internet site: <http://www.basics.org>

King, F.S. *Helping Mothers to Breastfeed (2nd edition)*. African Medical Research Foundation, Nairobi, Kenya, 1992.

This practical manual offers comprehensive guidance on preparation for and management of normal lactation. It gives clear advice to mothers and health workers on problem management, both in the early and later postpartum periods, and addresses issues of weaning. Amply illustrated with developing country



appropriate themes, this book has been a valuable field resource for doctors, midwives, nurses, community health workers, and mothers for over 15 years.

Format	Bound text
Language	French, Spanish, Arabic, and Russian.
Target Audience	Doctors, midwives, nurses, community health workers, and mothers
Cost	\$36 (KSHS 450; plus KSHS 1510 shipping & handling outside Kenya)

Available from:

AMREF Book Distribution Unit
P.O. Box 30125
Nairobi
Kenya

Tel: +1 254-2-501301/500950

Fax: +1 254-2-609518

Email: amref.bdu@amref.org

Internet site: <http://www.amref.org/amrefpub.html>

Savage K. F. *Helping Mothers to Breastfeed (1st edition)*. African Medical and Research Foundation, Nairobi, Kenya, 1985.

Ministries of Health and the WHO have been promoting and creating awareness on the benefits of breastfeeding for years. This book provides simple words, phrases and activities that a care provider can use in helping and encouraging mothers to breastfeed. A practical and recommended book for use by nurses, midwives, health workers and interested persons in counseling mothers about breastfeeding, it addresses myths and anxieties about breastfeeding and shows how a mother can protect her breasts.

Format	Bound text
Language	French, Spanish, Arabic, and Russian.
Target Audience	Doctors, midwives, nurses, community health workers, and mothers
Cost	\$5.30 plus shipping and handling

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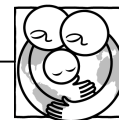
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Internet site: <http://www.amref.org/amrefpub.html>



UNICEF. *Baby-Friendly Hospital Initiative (BFHI) 18-Hour Course*. UNICEF, New York, 1993. NYHQ/I0435

This course is to help achieve the Baby-Friendly Hospital Initiative's long-term goal that all women should be enabled to practice exclusive breastfeeding and all babies should be fed only breastmilk from birth to 4-6 months of age. The short-term objectives of the course are to help hospitals transform their maternity facilities into baby-friendly institutions that implement the "Ten Steps to Successful Breastfeeding" formulated by UNICEF and WHO, and to help equip them with the knowledge necessary to make lasting policy changes. Forty color slides illustrating the text are also available as part of the training package. The publication is also available in French.

Format	155 pages
Language	English, French
Target Audience	Hospital management, midwives
Cost	FREE

Available from:

United States Committee for UNICEF
333 East 38th Street- GC-6
New York, NY 10016

Tel: +1 (212) 686-5522

Fax: +1 (212) 867-5991

Email: information@unicefusa.org

Internet site: <http://www.unicef.org>

* Developing countries can order publications from their field offices.

WHO. *Evidence for the Ten Steps to Successful Breastfeeding*. WHO, Geneva, 1998. WHO/CHD/98.9

This is a critical review of evidence supporting the efficacy of recommendations in the "Ten Steps to Successful Breastfeeding." For each step, evidence from randomized controlled experiments and well-designed controlled studies is assessed in order to evaluate the effect of that step on breastfeeding. Publications about other outcomes such as infant weight change, bilirubin levels, and sleep patterns, are identified and assessed. Studies on the role of early mother-baby contact, the effects of analgesics given during labor and delivery, and the impact of pacifier use on the duration of breastfeeding are also reviewed.

Format	111 pages
Language	English
Target Audience	Hospital management, midwives
Cost	Sw fr. 8.40 developing countries, all others Sw fr. 12 / US\$10.80 (#1930142)



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Albany, NY 12210
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QCORP@compuserve.com

WHO/UNICEF. *Protecting, Promoting and Supporting Breast-Feeding: The special role of maternity services.* WHO, Geneva, 1989.

This booklet presents the WHO policy “Ten Steps to Successful Breastfeeding,” which encourages the promotion of breastfeeding in health facilities. It notes the scientific reasoning behind the “Ten Steps” and suggests actions to implement each step. This is essential background reading for health care providers working in maternity facilities and those supporting safe, clean homebirth.

Format	32 pages
Language	English, French, Spanish, Arabic
Target Audience	Hospital management, midwives
Cost	Sw fr. 4.20 developing country orders, others Sw fr. 6.00 / US\$5.40 (#1150326)

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Videos

Righard, L. et al. *Delivery Self Attachment.* Geddes Productions, Sunland, CA, 1992.

This video (VHS, 5 minutes) presents a summary of research on the newborn’s ability to crawl to the mother’s breast, self-attach, and suckle. It presents the results of research showing that bathing and weighing infants disturbs their ability to self-attach. The production is on a musical background.



Format	NTSC, PAL
Language	None
Target Audience	Hospital management, midwives, policy makers
Cost	\$14.95 plus shipping and handling

Available from:

Geddes Productions
10546 McVine Avenue
Sunland, CA 91040
USA

Tel: +1 (818) 951-2809
Fax: +1 (818) 951-9960

UNICEF. *Baby Friendly: The Fabella Experience*. UNICEF, New York, 1992.

Filmed at the large urban maternity hospital, Fabella, in Manila, the Philippines, this video (VHS/PAL, 12 minutes) documents the remarkable efforts undertaken to change policy and the behavior of health staff in order to promote and support breastfeeding in the hospital.

Format	NTSC, PAL
Language	English, French, Spanish
Target Audience	Hospital management, midwives, policy makers
Cost	FREE in USA, outside orders may attract a charge

Available from:

United States Committee for UNICEF
333 East 38th Street- GC-6
New York, NY 10016

Tel: +1 (212) 686-5522

Fax: +1 (212) 867-5991

Email: information@unicefusa.org

Internet site: <http://www.unicef.org>

* Developing countries can order publications from their field offices.



UNICEF. *Breastfeeding: A Global Priority*. UNICEF, New York, 1990.

Ideal for advocacy and policy settings, this video (VHS/PAL, 30 minutes) makes the case for the importance of breastfeeding to child survival.

Format	NTSC, PAL
Language	English, French, Spanish
Target Audience	Hospital management, midwives, policy makers
Cost	\$15 (#238), orders in the USA are FREE

Available from:

United States Committee for UNICEF
333 East 38th Street- GC-6
New York, NY 10016

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Email: information@unicefusa.org

Internet site: <http://www.unicef.org>

* Developing countries can order publications from their field offices.

UNICEF. *Feeding Lowbirthweight Babies*. UNICEF, New York, 1986.

This video (VHS/PAL, 30 minutes) documents the successful integration of breastfeeding support into premature infant feeding policy at Kenyatta Teaching Hospital, Nairobi, Kenya. All premature and low-birthweight infants able to suckle were exclusively breastfed. Hospital staff members were trained to assist the mother to manually express and store breastmilk as needed. Infants unable to suckle were fed their mother's breastmilk with a small feeding cup. Infants in this study grew well on breastmilk and were discharged exclusively breastfeeding. The program was developed in conjunction with an overall program of lactation education, management, and support.

Format	NTSC, PAL
Language	English, French, Spanish
Target Audience	Hospital management, midwives, policy makers
Cost	\$15 (#224), orders in the USA are FREE

Available from:

United States Committee for UNICEF
333 East 38th Street- GC-6
New York, NY 10016

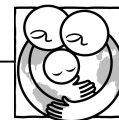
Tel: +1 (212) 686-5522

Fax: +1 (212) 867-5991

Email: information@unicefusa.org

Internet site: <http://www.unicef.org>

* Developing countries can order publications from their field offices.



UNICEF. *Mother Kangaroo: A Light of Hope*. UNICEF, New York, 1988.

This video (VHS/PAL, 14 minutes) tells the story of the introduction of the kangaroo mother method of care in a large urban maternity hospital in Bogota, Columbia. This method of caring for premature infants by the mother or family has the baby swaddled upright, close to the breast or chest, “kangaroo style.” It proved to support the growth and well-being of the low-birthweight and premature infants. It is also extremely cost-effective. Follow-up support was provided by hospital staff after mothers and infants were discharged, which occurred generally when the infants attained a weight of 2500 grams. The video is also available in Spanish.

Format	NTSC/VHS, PAL
Language	English, Spanish
Target Audience	Hospital management, midwives, policy makers
Cost	\$15 (#240), orders in the USA are FREE

Available from:

United States Committee for UNICEF
333 East 38th Street- GC-6
New York, NY 10016

Tel: +1 (212) 686-5522

Fax: +1 (212) 867-5991

Email: information@unicefusa.org

Internet site: <http://www.unicef.org>

* Developing countries can order publications from their field offices.

Breastfeeding and HIV/AIDS

Ntombela, N. et al. *HIV and Infant Feeding: A summary of the findings and recommendations from the formative research carried out in Lubuto, Main Masala, Twapia, and Kabushi Health center areas, Ndola, Zambia*. LINKAGES/SARA Projects, AED, Washington, DC, 1999.

This report was produced collaboratively by the Academy for Educational Development and the National Food and Nutrition Commission in Zambia. It summarizes the findings of ground-breaking, formative research on HIV and infant feeding with the goal of developing locally appropriate and feasible infant feeding recommendations for HIV-positive mothers and families. The report is intended to help develop training, counseling, and educational materials to integrate HIV voluntary counseling and testing and improved infant feeding in the study area. The research suggests that there are still obstacles in counseling and testing prenatal patients for HIV. There is also considerable social stigma associated with being identified as HIV positive, which may impact a HIV-positive mother's decision not to breastfeed.

Format	Photocopy report
Language	English
Target Audience	Decision and policy makers
Cost	FREE



Available from:

Information Resource Center
The LINKAGES Project
Academy for Educational Development
1825 Connecticut Avenue, NW
Washington, DC 20009

Tel: +1 202 884-8000

Fax: +1 202 884-8977

Email: linkages@aed.org

Internet site: <http://linkagesproject.org/pubs.html>

Preble, E. et al. *HIV and Infant Feeding: A Chronology of Research and Policy Advances and their Implications for Programs*. LINKAGES/SARA Projects, AED, Washington, DC, 1998.

A program-oriented literature review about technical issues in HIV and infant feeding, this paper: 1) reviews major advances in the study of HIV and infant feeding and the policy responses to these findings, 2) describes several design and interpretation issues to consider when reading and comparing research studies on these issues, 3) describes mathematical models to guide program implementers, 4) summarizes what existing studies do and do not reveal about HIV and infant feeding, and 5) makes recommendations for areas requiring further research to facilitate adaptation and application of the UNICEF/WHO/UNAIDS guidelines on HIV and infant feeding.

Format	36 pages
Language	English, French
Target Audience	Decision and policy makers
Cost	FREE

Available from:

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Academy for Educational Development
1825 Connecticut Avenue, NW
Washington, DC 20009

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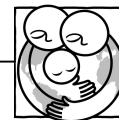
Fax: +1 (202) 884-8977

Email: linkages@aed.org

Internet site: <http://linkagesproject.org/pubs.html>

WHO. *HIV and Infant Feeding*. WHO, Geneva, 1998.

This set of three manuals, “Guidelines for Decision Makers” (WHO/FRH/NUT/CHD 98.1), “A Guide for Health Care Managers” (WHO/FRH/NUT/CHD 98.2), and “A Review of HIV Transmission through Breastfeeding” (WHO/FRH/NUT/CHD98.3), offers the latest expert advice from WHO, UNICEF, and UNAIDS on recommended safe practices for infant feeding when the mother is infected with HIV. Citing



firm evidence that HIV can be transmitted through breastmilk, the manuals identify the wide range of precautions and policies needed to reduce the risk of HIV transmission through breastmilk while ensuring that the nutritional requirements of infants born to HIV-infected mothers are adequately met. Particular attention is given to options for infant feeding in resource-poor settings where infectious diseases and malnutrition are the leading causes of infant mortality and where artificial feeding may be hazardous and prohibitively expensive. The manuals recommend ways to ensure that breastmilk substitutes reach only those infants who are at risk of HIV infection and thus do not undermine the advantages of breastfeeding for the majority of women and infants.

Format	3-set manual
Language	English
Target Audience	Policy and decision makers
Cost	Sw fr.11.20 developing country order, others Sw fr.16.00 / US\$14.4 (#1930135)

Available from:

Outside the U.S.

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QCORP@compuserve.com

Breast Milk Substitutes

WHO. *International Code of Marketing Breast-milk Substitutes Joint Statement of WHO/UNICEF.*
WHO, Geneva, 1981.

This document presents the WHO/UNICEF international code for marketing of breastmilk substitutes. The code applies to formula and other milk products, foods, and beverages that are marketed as a partial or total replacement of breastmilk. The code addresses information and education needs concerning the feeding of infants, and advertising and other forms of public promotion. It also sets standards for labeling and quality.

Format	35 pages
Language	English, French, Spanish, Arabic, Chinese
Target Audience	Policy and decision makers
Cost	Sw fr.2.80 developing country order, others Sw fr.4.00 / US\$3.60 (#1150094)



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Child Survival

Aubel, J. et al. *NGO Promising Practices: Building Collaborative NGO Networks to Share Lessons Learned about Community Health*. BASICS Project, Arlington, VA, 1998.

This short report presents results from two capacity-building workshops for NGOs implementing child survival, maternal/child health, and community health and education programs. The workshops were organized by BASICS in 1997 in Senegal and Burkina Faso and resulted in a description of “promising practices” that are described in detail in the report. These include practices at the community level, the health facility level, and the district level.

Format	***
Language	English
Target Audience	NGOs, health workers
Cost	FREE (or download from the website)

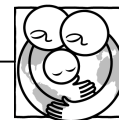
Available from:

BASICS Information Center
Suite 300
1600 Wilson Boulevard
Arlington, VA 22209 USA

Email: wwwinfo@basics.org
Internet site: <http://www.basics.org>

BASICS. *Community Partners for Health: Working together to Promote Child Survival*. BASICS Project, Arlington, VA, 1999.

This document describes BASICS’ experience in Nigeria, where the project faced political instability, sanctions from USAID forbidding work with the government, and rapidly declining immunization rates. BASICS designed an Urban Private Sector Inventory (UPSI) tool to identify and assess the private sector and community-based organizations in urban Lagos that could be potential partners in child survival work. The tool provided a detailed account of the private sector in sprawling low-income neighborhoods in Lagos. From the UPSI results, community-based organizations and modern private health clinics came together to form six “community partners for health” groupings. These groupings offer an innovative community-based approach to addressing child health issues using existing community resources and



local decision making; diverse community groups have successfully partnered with neighboring health facilities to carry out a wide range of child survival activities. The partnerships also improved members' organizational, management, and governance skills. A promotional information packet and video are also available.

Format ***
Language English
Target Audience NGOs, health workers, program planners
Cost FREE (or download from the website)

Available from:

BASICS Information Center
Suite 300
1600 Wilson Boulevard
Arlington, VA 22209 USA

Email: wwwinfo@basics.org
Internet site: <http://www.basics.org>

BASICS. *BASICS Publications*. BASICS Project, Arlington, VA, 1999.

This publication is an annotated reference list of the publications produced through the work of the BASICS Project. Included are references on behavior change, child survival, cholera, community-based approaches, equity of access to health care, immunization, integrated management of childhood illness, monitoring and evaluation, nutrition, private/public sector partnerships, and PVOs. A list of related documents available from other projects is included.

Format ***
Language English
Target Audience NGOs/PVOs, health workers
Cost FREE (or download from the website)

Available from:

BASICS Information Center
Suite 300
1600 Wilson Boulevard
Arlington, VA 22209 USA

Email: wwwinfo@basics.org
Internet site: <http://www.basics.org>

Burkhalter, B. et al., eds. *Summary Report: High Impact PVO Child Survival Programs, Volume I. Proceedings of an Expert Consultation*. BASICS, Arlington, VA and The CORE Group, Washington, DC, 1999.

This is the report of an expert consultation to identify and document the strategies, approaches, and results of the most successful PVO child survival projects and to analyze the common elements of these projects in order to improve PVO- and government-operated programs. The report identifies programs that have



been particularly strong in community effectiveness, sustainability, and/or coverage. Topics covered include integration across the health sector and with other sectors; collaboration with various stakeholders; community participation and empowerment; management information systems; operations research; and emphasis on perinatal and neonatal infants. Specific tables present country specific programs, indicators used to measure effectiveness, results obtained, and the NGO/PVO involved in implementation.

Format	***
Language	English
Target Audience	NGOs/PVOs, health workers, program managers
Cost	FREE (or download from the website)

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Arlington, VA 22209 USA

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Internet site: <http://www.basics.org>

Burkhalter, B. et al. *Innovative Approaches to Child Survival: Summaries of Evaluation Studies by La Leche League, Project HOPE, Project Concern, and World Relief*. BASICS Project, Arlington, VA, 1999.

This document describes some remarkable accomplishments of U.S. PVOs in improving the survival and health of children. The four projects discussed stand out because of their innovations and success. In Malawi, collaboration with large tea plantations is providing primary health care to agricultural workers and their families. In Indonesia, “successful immunizers” are training the less successful. In Guatemala City, volunteer breastfeeding counselors are functioning without supervision to support mothers. In Haiti, a network of volunteer mothers is helping to link rural households to a district hospital through a community monitoring program. This report describes each program, the methodologies employed, and the major results and lessons learned. Individual project reports can be obtained from the implementing PVO in each country.

Format	***
Language	English
Target Audience	NGOs, health workers, program managers
Cost	FREE (or download from the website)

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Internet site: <http://www.basics.org>



Kurz, K. et al. *Gender Bias in Health Care Among Children 0-5 Years: Opportunities for Child Survival Programs*. BASICS Project, Arlington, VA, 1997.

This report reviews the current literature on gender bias in child survival interventions. While information on female children under the age of five is scarce because few studies disaggregate data by gender, data that do exist suggest that girls are taken to health centers less often and later than boys. Additionally, girl children may receive less attention from their parents. The authors conclude that child survival programs are well placed to help reduce gender differences in the health and nutrition of children under the age of five. Recommendations for identifying and correcting gender biases in health care are provided.

Format	***
Language	English
Target Audience	NGOs, health workers, program managers
Cost	FREE (or download from the website)

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WHO. *Integrated Management of Childhood Illness: A WHO/UNICEF Initiative*. Bulletin of the World Health Organization, vol. 75, supplement 1, 1997.

This document reports the design and findings of field studies conducted during the development of the WHO/UNICEF strategy for the integrated management of childhood illness (IMCI). This strategy responds to the fact that 70% of the 11 million childhood deaths that occur each year in the developing world are due to five conditions: pneumonia, diarrhea, measles, malaria, and malnutrition. Central to the strategy's implementation is a set of clinical guidelines for integrated case management of childhood illness at first-level health facilities and an 11-day course to train health workers to use the guidelines correctly. Research reported in this volume is part of an ongoing effort to ensure that IMCI clinical guidelines and training evolve in line with scientific evidence concerning their effectiveness.

Format	128 pages
Language	English with summaries in French
Target Audience	Program managers
Cost	Sw fr. 14 (developing countries), all others Sw. fr. 20 / US\$18, #0037501



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Weeks, M. et al. *The Polio Eradication Initiative: Monitoring Service Delivery During National Immunization Days; Assessing the Local Capacity to Strengthen Disease Surveillance*. BASICS Project, Arlington, VA, 1998.

This report contains both information and tools that evolved from the National Immunization Days (NIDs) and field experience in several African countries. While the report documents and refers to polio eradication, the concepts and tools can be applied to other health services as well. The study was carried out in collaboration with Expanded Program on Immunization (EPI) staff in Zambia, Kenya, Uganda, Eritrea, and Ethiopia. The first chapter gives specific techniques, tools, and indicators that can be used to monitor success. Chapter Two discusses assessing quality of service and includes supervisory checklists. Chapter Three contains a prototype NID report format. Chapter Four includes surveillance techniques and forms.

Format

Language

English

Target Audience

NGOs/PVOs, health workers, program managers in Africa

Cost

FREE (or download from the website)

Available from:

BASICS Information Center
Suite 300
1600 Wilson Boulevard
Arlington, VA 22209 USA
Email: wwwinfo@basics.org
Internet site: <http://www.basics.org>



HEALTHCOM. *A Toolbox for Building Health Communication Capacity*. HEALTHCOM Project Reprint. BASICS, Arlington, VA, 1996.

This publication aims to help managers in health communications programs improve their unit's credibility and strengthen their staff members' communication skills and confidence. Using child survival examples, it contains a systematic methodology that includes practical, field-tested tools, ideas, models, concepts, and strategies that were developed during 17 years of global programs. Step-by-step instructions are provided to design and implement an effective health communication and behavior change intervention in almost any setting. It is also available in Arabic (UNICEF), French, and Spanish (BASICS).

Format	***
Language	Arabic, English, French and Spanish
Target Audience	NGOs, health workers, program managers in health communication
Cost	FREE (or download from the website)

Available from:

English, French, and Spanish versions:

BASICS Information Center
Suite 300
1600 Wilson Boulevard
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Email: wwwinfo@basics.org
Internet site: <http://www.basics.org>

Arabic version: United States Committee for UNICEF
333 East 38th Street- GC-6
New York, NY 10016

Tel: +1 (212) 686-5522
Fax: +1 (212) 867-5991
Email: information@unicefusa.org
Internet site: <http://www.unicef.org>

* Developing countries can order publications from their field offices.

Rasmuson, M. et al., eds. *Community-Based Approaches to Child health: BASICS' Experience to Date*. BASICS Project, Arlington, VA, 1998.

Although BASICS' "community experience" is still relatively new, this report notes many of the promising practices and valuable lessons in eight country programs: Madagascar, Nigeria, Zambia, Honduras, Ethiopia, Bolivia, Bangladesh, and India. For example, the "Hearth Nutrition Model" implemented in Haiti, Vietnam, and Bangladesh relies on the concept of choosing the mothers in the community whose children are thriving and asking them to identify and then feed malnourished children with locally available foods. This is just one of many promising practices described in this report.



Format	***
Language	English
Target Audience	NGOs/PVOs, health workers, program managers
Cost	FREE (or download from the website)

Available from:

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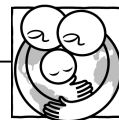
Murray, J. et al. *Use of an Integrated Health Facility Assessment for Planning Maternal and Child Health Programs: Results from Four African Countries*. BASICS Project, Arlington, VA.

This is an assessment of the case management of important causes of infant and childhood morbidity and mortality (acute respiratory tract infections, diarrhea, malaria, measles, and malnutrition) and of the drug supply, equipment, and infrastructure that are required for integrated practice. The document is intended to help plan programs and prioritize the essential program elements for integration of child health services, including health worker training, health worker supervision, drug supply, availability of essential equipment, and health facility organization.

Format	***
Language	English
Target Audience	NGOs/PVOs, health workers, program planners
Cost	FREE (or download from the website)

Available from:

BASICS Information Center
Suite 300
1600 Wilson Boulevard
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Internet site: <http://www.basics.org>



Murray, J. et al. *Emphasis Behaviors in Maternal and Child Health: Focusing on Caretaker Behaviors to Develop Maternal and Child Health*. BASICS Project, Arlington, VA, 1997.

This document describes the “Pathway to Survival” framework, which is used to develop and monitor integrated child health programs. The document highlights the need to focus on a number of household “emphasis behaviors” that impact childhood mortality and morbidity. These behaviors include reproductive health practices, infant and child feeding practices, immunization practices, home health practices, and care-seeking practices. The document provides practical criteria for governments, donors, and program planners to select emphasis behaviors and then describes how programs could be established. Annexes include a Technical Justification for the Emphasis Behaviors (EBs), Worksheets for Prioritizing EBs, a Behavior Analysis Scale, Resource Guides, and References.



Format	***
Language	English
Target Audience	NGOs/PVOs, health workers, program planners
Cost	FREE (or download from the website)

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Suite 300
1600 Wilson Boulevard
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Internet site: <http://www.basics.org>

Wollinka, O. *The Hearth Nutrition Model: Applications in Haiti, Vietnam and Bangladesh*. BASICS Project, Arlington, VA, 1997.

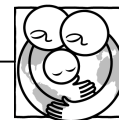
The Hearth Nutrition Model described in the reference above was introduced in Haiti, Vietnam, and Bangladesh in the early 1990s. The model relies on energizing volunteer mothers to rehabilitate malnourished children using local, affordable foods. The visible change in the children over the two-week intervention period is a powerful motivator for mothers to continue using good feeding practices, which they have learned through self-discovery and learning by doing. Findings in each of the three countries are significant and show the power of this model to reduce mild and severe malnutrition in growing children.

Format	***
Language	English
Target Audience	Health and nutrition workers, program managers, mothers
Cost	FREE (or download from website)

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Internet site: <http://www.basics.org>



HIV/AIDS and Sexually Transmitted Infections

STI Management

WHO Global Programme on AIDS. *Management of Sexually Transmitted Diseases*. WHO, Geneva, 1997. WHO/GPA/TEM/94.1

This WHO publication details the management of specific sexually transmitted diseases and related syndromes. It contains a particularly helpful section of comments on recommended alternative drugs, noting interactions and possible substitutions.

Format	obtained as a photocopy document
Language	English
Target Audience	Policy makers, program managers, health workers
Cost	FREE

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HIV/AIDS Prevention and Control/Behavior Change

UNAIDS. *Summary Booklet of Best Practices*. 1999.

In this book, UNAIDS captures details of a range of best practices in order to provide useful lessons and offer references for those working in HIV/AIDS-related environments. The book aims to strengthen capacity by documenting and promoting the use of adaptable best practices within a country and inter-country response to HIV/AIDS. It also aims to promote the application of the best practice process for policy and strategy formulation. There is a full UNAIDS series of best practices; below are some selected examples.

Format	***
Language	English
Target Audience	Program managers, policy makers, health and development workers
Cost	FREE (or download from website)



Available from:

Joint United Nations Program on HIV/AIDS (UNAIDS)
20 avenue Appia
1211 Geneva 27
Switzerland

Tel: + 4122 791 46 51
Email: unaids@unaids.org

Fax: + 4122 791 41 65
Website: <http://www.unaids.org>

UNAIDS. *Relationship of HIV and STD Declines in Thailand To Behavior Change: A Synthesis of Existing Studies.* UNAIDS Best Practices Collection, 1998.

This report reviews several studies undertaken in Thailand that examine behaviors and trends related to HIV infection. The report is recommended for policy makers and planners of HIV/AIDS programs.

Format	***
Language	English
Target Audience	Program managers, policy makers, planners of health education programs
Cost	FREE (or download from website)

Available from:

Joint United Nations Program on HIV/AIDS (UNAIDS)
20 avenue Appia
1211 Geneva 27
Switzerland

Tel: + 4122 791 46 51
Email: unaids@unaids.org

Fax: + 4122 791 41 65
Website: <http://www.unaids.org>

Kanchanachihra C. UNAIDS Case Study. *Reducing Girls' Vulnerability to HIV/AIDS: The Thai Approach.* UNAIDS Best Practices Collection, 1999.

This report shows why many young girls in Thailand become sex workers and highlights projects seeking to mitigate this trend, especially through improved education and career opportunities for girls and through changing the attitudes of girls and their families to sex work. Case studies include the "Serra Pattane Cheewit, (Sema Life Development) Project, the Thai Women of Tomorrow Project and the Education Loan Fund Project. All these seek to help significantly disadvantaged girls enroll in secondary and vocational schools by providing them with scholarships in the two former projects and a loan in the latter. Evaluation data about continued rates of education of program participants is included.

Format	***
Language	English
Target Audience	Program managers, policy makers, planners of health education programs
Cost	FREE (or download from website)



Available from:

Joint United Nations Program on HIV/AIDS (UNAIDS)
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Switzerland

Tel: + 4122 791 46 51
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Fax: + 4122 791 41 65
Website: <http://www.unaids.org>

Islamic Medical Association of Uganda. *AIDS Education Through Imams: A Spiritually Motivated Community Effort in Uganda.* UNAIDS Best Practices Collection, 1998.

The government of Uganda adopted a strategy of a multi-sectoral AIDS control approach. Among the innovative ways adopted to increase the awareness of HIV/AIDS prevention and control messages is through an education program by the Islamic Medical Association of Uganda (IMAU) where imams are used as a resource in educating Muslims about HIV/AIDS. There is a unique component of the program that focuses on empowering women through education and involvement in income generating activities. This met with a lot of resistance and the book shows how an understanding was reached for making women be a productive part of communities. After two years of the IMAU program, baseline and follow-up surveys reveal significant increases in correct knowledge of HIV transmission and prevention as well as increased knowledge of risk associated with some Muslim practices. It is noted that the key to success was an ability to mobilize and receive the support of Muslim leaders. This book is written for Muslim communities and people the world over who maybe interested in learning about IMAU's health efforts against HIV/AIDS.

Format	***
Language	English
Target Audience	Program managers, religious groups, planners of health education programs
Cost	FREE (or download from website)

Available from:

Joint United Nations Program on HIV/AIDS (UNAIDS)
20 avenue Appia
1211 Geneva 27
Switzerland

Tel: + 4122 791 46 51
Email: unaids@unaids.org

Fax: + 4122 791 41 65
Website: <http://www.unaids.org>

Gordon, G. and T. Klouda. *Preventing A Crisis: AIDS and Family Planning Work.* AIDS Prevention Unit, International Planned Parenthood Federation (IPPF), 1988.

This book calls on family planning associations and workers to modify their programs to include prevention and spread of HIV/AIDS and sexually transmitted infections. It has picture illustrations that help the reader better understand and appreciate the message of the AIDS pandemic. The book gives detailed information on all aspects of AIDS, beginning with the basic facts about HIV and AIDS, although some of the information might be dated. It also examines the implications of the information for



the different components of family planning. A very practical, user-friendly planning and programming book, it is recommended for use by senior family planning staff and workers.

Format	Bound text, soft cover
Language	English, Spanish
Target Audience	Family planning workers, program managers
Cost	\$7.00

Available from:

International Planned Parenthood Federation
Distribution Office, Regent's College
Inner Circle, Regent's Park
London NW1 4NS

Tel: + 44 (0) 171 487 7900

Fax: + 44 (0) 171 487 7950

Telex: 919573

E-mail: csavage@ippf.org

World Bank. *Confronting AIDS. Public Priorities in a Global Epidemic.* The World Bank, Washington, DC, 1997.

Recommended for policy makers, this report draws attention to the reasons to governments hesitate in spending financial resources on HIV/AIDS prevention and presents the economic and other benefits of spending such resources. The report contains the following sections: AIDS: a challenge to government; strategic lessons from the epidemiology of HIV; efficient and equitable strategies for preventing HIV; coping with the impact of AIDS; working together to confront HIV/AIDS and lessons from the past, opportunities for the future.

Format	Bound soft cover
Language	English, French, Spanish, Russian (summary)
Target Audience	Policy makers, governments
Cost	\$30 (or download from the website)

Available from:

The World Bank
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Herndon, VA 20172 – 0960

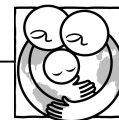
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Communication Strategies

Airhihenbuwa, O. C., R. Obregon, and B. Makinwa, *Communications programming for HIV/AIDS: An annotated bibliography*. Joint United Nations Program on HIV/AIDS (UNAIDS), 1999.

Since the recognition of the HIV/AIDS disease in the mid-80s, hundreds of researchers, academics, practitioners and students have devoted countless hours to develop a knowledge base of HIV/AIDS so that we can deal with it in a more effective way. HIV/AIDS-related information has been produced in a wide range of fields such as medicine, public health, epidemiology, education and economics. This document contains 667 references that have been organized according to recent findings of the application of current communication frameworks to HIV/AIDS communication. The authors indicate that there seems to be a consensus that in addition to the theoretical and practical frameworks applied to HIV/AIDS communication, future work should consider contextual issues such as government policy, spirituality, gender relations, culture, and socio-economic status. This book presents a wide source of useful information of communication strategies in HIV/AIDS work.

Format	Bound text, soft cover
Language	English
Target Audience	Program managers, policy makers
Cost	FREE (or download from website)

Available from:

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Email: unaids@unaids.org

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Website: <http://www.unaids.org>

Airhihenbuwa O. C., B. Makinwa, M. Frith, and R. Obregon. *Communications Framework for HIV/AIDS: A New Direction*. UNAIDS/PennState, 1999

This document describes the findings and recommendations of consultations on ways to make HIV/AIDS communication considerably more effective in Africa, Asia, Latin America and the Caribbean. The document shows ways to combine interpersonal communication and mass media in key areas of prevention and care to reduce the impact of the HIV/AIDS pandemic. The approach presented here is different in that it is more adaptable and is based more on social and environmental context than on individual behavior. The approach is a synthesis of experiences from the African, Asian, Latin America and the Caribbean regions. The major finding was that five domains of context are virtually universal factors in communications for HIV/AIDS preventive health behavior: government policy, socio-economic status, culture, gender relations and spirituality. This book is very easy to read and is recommended for policy makers, funding organizations, program planners and all those working with HIV/AIDS programs.



Format	Bound text, soft cover
Language	English
Target Audience	Program managers, policy makers
Cost	FREE (or download from website)

Available from:

Joint United Nations Program on HIV/AIDS (UNAIDS)
20 avenue Appia
1211 Geneva 27
Switzerland

Tel: + 4122 791 46 51
Email: unaids@unaids.org

Fax: + 4122 791 41 65
Website: <http://www.unaids.org>

HIV/AIDS Care and Support

ACP, TASO, UNICEF, WHO. *Living with AIDS in the Community. A book to help people make the best of life.* Uganda, 1992.

An illustrated booklet written to help communities cope with HIV infection and AIDS, *Living with AIDS* provides practical information for individuals, family, friends, care givers and neighbors on ways to live positively with HIV/AIDS. It touches on feelings about HIV/AIDS such as shock, denial, anger, fear, self-consciousness, acceptance and hope. The book discusses various ways of caring for yourself or someone AIDS. It is a practical, easy to read book with lots of picture illustrations. This is an excellent book. It may be complemented by the book "Talking AIDS. A Guide for Community Work."

Format	Bound text, soft cover
Language	English, French
Target Audience	Communities, families, health workers, PLWA
Cost	Sw. fr. 4.20 developing countries, all others Sw. fr. 6 / US \$5.40 (#1930035)

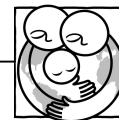
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Switzerland

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Albany, NY 12210
USA

Tel: +1 (518) 436-9686
Fax: +1 (518) 436-7433
Email: QCORP@compuserve.com



WHO. *AIDS Home Care Handbook*. 1993.

This handbook shows how to care for people at home who have AIDS. The principles can also be used to care for someone at home with cancer or malaria. It is an illustrated teaching guide to help health workers give information about HIV and AIDS. It serves as a reference guide with detailed information about common AIDS-related problems, possible causes, and practical steps that can be taken to alleviate these problems at home and where to seek further help. The handbook has been designed to be adapted and revised in order to suit specific health needs of people with AIDS and different local situations. It is an easy to read book and recommended for everyone as well as health workers.

Format	Bound text, soft cover
Language	English, French
Target Audience	Health workers, the general public
Cost	Sw fr. 12.60 developing country orders, all other Sw. fr. 18- /US\$16

Available from:

Outside the U.S.

World Health Organization
Distribution and Sales
CH-1211 Geneva 27
Switzerland

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Fax: +41 22 791 48 57
E-mail: bookorders@who.ch
Questions: publications@who.ch

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Albany, NY 12210
USA

Tel: +1 (518) 436-9686
Fax: +1 (518) 436-7433
QCORP@compuserve.com

Community-Based Strategies

Welbourn, A. *Stepping Stones. Strategies for Hope*. 1997

“Stepping Stones”, the first training publication in the Strategies for Hope series, covers HIV/AIDS, gender issues, communication and relationship skills. It addresses the vulnerability of women and young people in decision-making about sexual behavior and explores issues affecting their sexual health. It is a manual for trainers and provides closely guided instructions designed for community-based workshops. Although it is primarily for use in communities throughout Sub-Saharan Africa, it may be adapted for use elsewhere. All sessions in the training package use a participatory approach of adult learning through shared discussions. No literacy is needed to participate, making it excellent for use in communities. “Stepping Stones” can be used in existing HIV/AIDS projects and in general development projects which plan to introduce an on-going AIDS component.

Format	240-page manual + one 70 minute video (NTSC/PAL/SECAM)
Language	English, French, Spanish, Russian (forthcoming)
Target Audience	NGOs, trainers, working in Sub-Saharan Africa
Cost	£55 in UK, \$75 in US



Available from:

English and French versions:

In the U.K.

Teaching Aids At Low Cost (TALC)
P.O. Box 49
St. Albans, Herts, AL1 5TX
United Kingdom

Tel: +44 1727 853869

Fax: +44 1727 846852

Email: talcuk@btinternet.com

Website: <http://www.talcuk.org>

Website: <http://www.stratshope.org>

In the U.S.

Pact Publications, New York, USA
Tel: + 212 697-6222 ext. 22
Email: books@pactpub.org

Spanish version:

Fundación RED
Cucha Cucha 1153, (1416)
Ciudad de Buenos Aires
Argentina

Tel: + 54 1 585 7261

Williams, G. *Strategies for Hope*. ACTIONAID

A series of booklets and video programs for field workers, *Strategies for Hope* contains case studies aimed at promoting informed positive thinking and practical action, by all sections of society, in dealing with AIDS. Non-governmental organizations have a front-line role to play in AIDS control and prevention. In some developing countries, NGOs have already developed new, community-based forms of care counseling and support for people with AIDS and their families. NGOs are also involved in educating communities about AIDS.

Series 1: From Fear To Hope. AIDS care prevention at Chikankata, Zambia **

Series 2: Living Positively With AIDS. The AIDS support organization (TASO), Uganda.

Series 3: AIDS management. An integrated approach

Series 4: Meeting AIDS With Compassion. AIDS care and prevention in Agomanya, Ghana **

Series 5: AIDS Orphans. A community perspective from Tanzania.

Series 6: The Caring Community. Coping with AIDS in urban Uganda

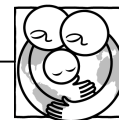
Series 7: All Against AIDS. The Copperbelt Health Education Project, Zambia.

Series 8: Working Against AIDS. Workplace-based AIDS Initiative in Zimbabwe.*

Series 9: Candles of Hope. The AIDS program of Thai Red Cross Society

Series 10: Filling the Gaps. Love and Support for people with HIV/AIDS, Cote d'Ivoire.*

Series 11: Broadening The Front. NGO responses to HIV and AIDS in India.*



Format	Soft bound booklets
Language	English, French
Target Audience	NGOs, PLWA, health workers, program managers
Cost	£2.50, £3.25*

**These two booklets are currently out of print.

Available from:

Teaching Aids At Low Cost (TALC)
P.O. Box 49
St. Albans, Herts, AL1 5TX
United Kingdom

Tel: +44 1727 853869
Fax: +44 1727 846852
Email: talcul@btinternet.com
Website: <http://www.talcul.org>
Website: <http://www.stratshope.org>

Gordon, G., and T. Klouda. *Talking AIDS: A Guide for Community Work*. AIDS Prevention Unit, IPPF. London: MacMillan Publishers, 1988.

This book aims to promote understanding of HIV/AIDS, the means of preventing its spread, and ways to support people infected with HIV. It is designed for everyone who is involved in counseling and education about sexual health and AIDS in the community. It contains a section on HIV/AIDS-related fears and prejudices using four exercises/case situations to promote discussion and behavior change. The authors recommend that users adapt content according to local situations. This book complements "Living with AIDS in the Community. A book to help people make the best of life". It is easy to read and understand and highly recommended for use by people involved with AIDS work.

Format	Soft bound book
Language	English, French, Arabic
Target Audience	NGOs, PLWA, health workers
Cost	£2.50

Available from:

Teaching Aids At Low Cost (TALC)
P.O. Box 49
St. Albans, Herts, AL1 5TX
United Kingdom

Tel: +44 1727 853869 Fax: +44 1727 846852
Email: talcul@btinternet.com
Website: <http://www.talcul.org>





Other resources for working with communities

General Primary Health Care

Hope, A., Timmel, S. Training for Transformation. A Handbook for Community Workers. Book I, II, III. Zimbabwe: Mambo Press; 1995.

The books are designed to assist workers in the field who are encouraging the development of self-reliant communities. It combines the method of getting groups to be actively involved, breaking through apathy and developing an awareness of the causes of problems. It discusses how transformation depends on peoples and individual efforts and illustrates the spiritual dimension and its teaching on transforming attitudes and behaviors. The book is written primarily for adult education workers, social workers, community development workers, church workers and all people concerned with the processes of transformation. The books have been widely used in Africa and portions maybe adapted and used for cultural and local situations. The layout of the books limits the audience to people with higher education.

Format	Bound text, soft cover
Language	English
Target Audience	People working in the community
Cost	£16.45 for the 3 volumes (not sold separately)

Available from:

Teaching-aids At Low Cost (TALC)
P.O. Box 49
St Albans Herts AL 1 5TX
United Kingdom

Tel: +44 1727 853869 Fax: +44 1727 846852
Email: talcul@btinternet.com Web page: <http://www.talcul.org>

Hubley, J. Communicating Health. An action guide to health education and health promotion. TALC. London and Basingstoke: The Macmillan Press Ltd.; 1993.

The set of practical guidelines outlined in this book show how to carry out effective communication in a wide range of settings including the family, community, schools, health services and the mass media. A holistic view of communicating health messages in the context of disease, human behavior, and working with communities and groups is presented to help the reader appreciate inter-relations between them. In addition the book discusses the role politics plays in health, how to plan a communication strategy and how to evaluate the process. This book then is written for people who plan programs aimed at improving the health of communities. These include, health care workers, community workers, people in charge of health facilities and health districts, policy makers and program managers. The book has a lot of text however, it contains valuable information and is a highly recommended source of information that can be directly applied to programs situations.



Format: Bound text
Language: English
Target Audience: Health care and community workers, program managers
Cost: £7.50

Available from:

Teaching-aids At Low Cost (TALC)
P.O. Box 49
St Albans Herts AL 1 5TX
United Kingdom

Tel: +44 1727 853869 Fax: +44 1727 846852
Email: talcul@btinternet.com Web page: <http://www.talcul.org>

Johnston, P. M., Rifkin, B. S. (editors) Health Care Together. Training Exercise for Health Workers in Community Based Programs. London and Basingstoke: Macmillan Publishers; 1987.

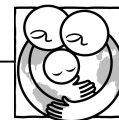
Community based primary health care programs present a challenge to health workers and has led to the need to seek ways of gaining skills necessary to promote community involvement. The book provides a series of exercises that will help health workers develop skills in group formation, communication, teamwork, leadership including planning and participatory methods of teaching and learning. The exercises are presented in a way that both the trainer and learner are equally involved in the learning process. The exercises enable the learner to find effective methods and ways by which community members will be involved in planning and implementing their own community programs. The book is meant for trainers of primary health care workers, trainers of other community development programs and for anyone who is interested in building a good team of working people. The exercises have been tested extensively in Asian and Indonesian communities and is recommended for adaptation and used where appropriate.

Format Bound text, soft cover
Language English
Target Audience primary health care workers, trainers, policy makers
Cost £4.50

Available from:

Teaching-aids At Low Cost (TALC)
P.O. Box 49
St Albans Herts AL 1 5TX
United Kingdom

Tel: +44 1727 853869 Fax: +44 1727 846852
Email: talcul@btinternet.com Web page: <http://www.talcul.org>



Morley, D., J.Rohde and G. Williams. Practicing Health for All. Oxford University Press, 1983.

In 1978 the Alma Ata Declaration proclaimed primary health care as the way to achieving “Health for All by the Year 2000.” This book discusses PHC programs in seventeen countries taking a case study approach to the problems that arise in the implementation of primary health care and shows how they may be overcome. It covers four areas: the links between political structures and people’s health, community participation, the process of program development and the principles of success and failure in planning, implementing and evaluating primary health care. Although it is dated, the book is a classic and is recommended for anyone who is involved with primary health care.

Format ***
Language English
Target Audience primary health care workers, trainers, policy makers
Cost

Available from:

Teaching-aids At Low Cost (TALC)
P.O. Box 49
St Albans Herts AL 1 5TX
United Kingdom

Tel: +44 1727 853869 Fax: +44 1727 846852
Email: talcul@btinternet.com Web page: <http://www.talcul.org>

Zimmerman, M. et al. *Developing Health and Family Planning Materials for Low-Literate Audiences: A Guide (Revised Edition)*, PATH, Washington, DC, 1996.

This manual presents guidelines for developing health and family planning print materials for illiterate or low-literate groups worldwide. It explains that print materials, which are easy to understand and culturally appropriate, can be used to support the interaction between health workers and clients. It includes examples of materials from various countries.

Format: ***
Language: English
Target Audience: Health workers, low literate groups
Cost: FREE – single copies (a charge may be applied for multiple requests)

Available from:

Program for Appropriate Technology in Health (PATH)
1990 M Street N W Suite 700
Washington DC, 20036-3404
USA

Tel: 202 822 0033 Fax: 202 457 1466
Website: <http://www.path.org>



Participatory Learning and Action Methodologies

De Negri, B. et al. *Participatory Techniques for Community-Based Programme Development Volume 1: Trainers Manual*. CAFS, Nairobi, Kenya, 1998.

Produced in collaboration between CAFS, JHU/CCP, and AED, this manual covers all aspects of a suggested two-week course in Participatory Learning and Action (PLA). PLA aims to encourage community participation in health and development programs and to assist communities in identifying their own problems and solutions. In a simple, user-friendly format, this manual covers needs assessments, training site preparation, training methodology, and detailed suggested course content. While the course focuses heavily on the health sector, the methods can be applied to other sectors. This course was pre-tested in Kenya in 1998.

Format	***
Language	English
Target Audience	Trainers, health workers, researchers
Cost	\$20 + postage and handling

Available from:

Center for African Family Studies
Pamstech house
Wodvale Grove, Westlands
P.O. Box 60054
Nairobi, Kenya

Tel: +1 254-2-448618

Fax: +1 254-2-448621

Email: Alutomia@cafs.org

Website: <http://www.cafs.org>

De Negri, B. et al. *Participatory Techniques for Community-Based Programme Development Volume 2: Participant's Handbook*. CAFS, Nairobi, Kenya, 1998.

This manual accompanies the Trainer's Manual described above. It aims to teach participants how to help communities identify different problems through mapping, diagramming, transit walks, sequencing exercises, card sorting, ranking, scoring, and development of matrices. Case studies, exercises, and Participatory Learning and Action (PLA) resources are included.

Format	***
Language	English
Target Audience	Trainers, health workers, researchers
Cost	\$20 + postage and handling



Available from:

Center for African Family Studies
Pamstech house
Wodvale Grove, Westlands
P.O. Box 60054
Nairobi, Kenya

Tel: +1 254-2-448618
Email: Alutomia@cafs.org

Fax: +1 254-2-448621
Website: <http://www.cafs.org>

Pretty, N. J., Guijt, I., Thompson, J., Scoones, I. Participatory Learning Action. A Trainers Guide. London: International Institute for Environment and Development; 1995

This guide is designed for both experienced and new trainers who have an interest in training others, trainers, policy makers, health workers, village workers or villagers in the use of participatory methods. The guide provides a comprehensive background to the principles of adult learning, discusses facilitation skills necessary for effective learning, describes group dynamics and how to build interdisciplinary teams. In addition it summarizes the principles of participatory learning action, describes the process of training in a workshop situation and in the field and suggests how to organize workshops. The guide has useful picture illustrations, 101 training games and exercises that allow for interaction. The guide is being highly recommended for use in relevant programs and training.

Format	Bound text
Language	English
Target Audience	Trainers, health workers, researchers
Cost	\$18.95 + postage and handling

Available from:

International Institute for Environment and Development (IIED)
3 Endsleigh Street,
London, WC1H ODD, UK.

Tel: +44 171 388 2117 Fax: +44 171 388 2826.
Website: <http://www.iied.org>

Kaul Shah, M. et al. Listening to Young Voices: Facilitating Participatory Appraisals on Reproductive Health with Adolescents. FOCUS on Young Adults, Washington, DC, 1999.

Published in conjunction with CARE, this manual explains participatory learning and action (PLA) methods that help reproductive health program managers involve youth in program design, implementation, monitoring and evaluation. Based on the experience of CARE/Zambia's Partnership for Adolescent Sexual and Reproductive Health (PALS) project, it also shows how PLA methods help encourage community support for adolescent reproductive health programs. Richly illustrated with real examples that emerged from the PALS experience in Zambia, the manual describes in detail how to conduct various participatory methods, the types of issues that can be explored with each method, and how the information generated can be used to improve programs. While it was designed specifically for



programs working with youth, the methods can be adapted for use by any reproductive health or development program.

Format	Soft-cover book
Language	English
Target Audience	Trainers, health workers, researchers
Cost	FREE

Available from:

FOCUS on Young Adults/Pathfinder International
1201 Connecticut Avenue NW, Suite 501
Washington, DC 20036

Tel: 202-835-0818 Fax: 202-835-0282
Email: focus@pathfind.org
Website: www.pathfind.org/focus.htm

Advocacy

POLICY Project, *Networking for Policy Change: An Advocacy Training Manual*. The Futures Group International, Washington, D.C., 1999.

This training manual was prepared to help representatives of NGOs and other formal groups of civil society form and maintain advocacy networks and develop effective family planning/reproductive health advocacy skills. The manual's tools and approaches can be used to affect FP/RH policy decisions at the international, national, regional, and local levels. It covers the building blocks of advocacy: the formation of networks, the identification of political opportunities, and the organization of campaigns. The manual includes a section on each of these building blocks, with specific subjects presented in individual units. Units within each section contain background notes, learning objectives, and handouts. While the manual can be used in its entirety, it is designed to be used in sections depending on the particular needs of the network. The manual promises to be a useful and practical tool for NGOs and other organizations committed to improving the quality of family planning and reproductive health programs.

Format	***
Languages	English, French, Spanish
Target Audience	NGOs, health workers, policy makers, community groups
Cost	FREE



Available from:

The POLICY Project, Publications Unit
The Futures Group International
1050 17th Street, NW, Suite 1000
Washington, DC 20036
USA

Tel: (202) 775-9680 Fax: (202) 775-9694
Email: Policyinfo@tfgi.com
Website: www.tfgi.com

Sharma, R. *An Introduction to Advocacy: Training Guide*. SARA/AED, Washington, DC.

This guide provides tools for individuals, community organizations, NGOs, and research and training institutions to engage in advocacy activities. It is designed to help build basic skills and confidence in advocacy efforts, increase the use of available data to inform the advocacy process, and encourage the democratic process. This package was used effectively by program planners in Zambia who advocated for appropriate HIV/AIDS counseling and screening for pregnant and lactating women.

Format	Ring binding, soft cover
Language	English, French
Target Audience	Community organizations and NGOs
Cost	FREE to African Institutions. \$10 a copy for US and other countries

Available from:

Attn: SARA Project
Academy for Educational Development
1825 Connecticut Avenue, NW
Washington, DC 20009

Tel: +1 202 884 8000 Fax: +1 202 884 8977
Website: <http://www.aed.org/sara>

NGO Networks for Health is a worldwide project to improve health services by building or strengthening partnerships at the community level between organizations that are already working there. These partnerships provide a range of services, including family planning, maternal and child health, and HIV prevention, that are relevant to the local situation. This five-year effort began in June 1998, and brings together five development organizations—the Adventist Development and Relief Agency (ADRA), Cooperative for Assistance and Relief Everywhere (CARE), Plan International, Program for Appropriate Technology in Health (PATH), and Save the Children USA. NGO Networks is supported by USAID's Global/Population, Health, and Nutrition Center.

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